

Integrate medical systems: Naidu

'Holistic approach of Ayurveda will go a long way in treating lifestyle diseases'

STAFF REPORTER
MALAPPURAM

Vice President Venkaiah Naidu has underscored the need to integrate and harmonise traditional systems of medicine with the modern medical system to enhance the efficacy of treatments.

Inaugurating the 150th birth anniversary celebrations of Kottakkal Arya Vaidya Sala founder Vaidyaranam P.S. Varier at Kottakkal on Tuesday, Mr. Naidu said the holistic approach of Ayurveda would go a long way in treating chronic and lifestyle diseases.

Lifestyle diseases

He said India was witnessing an increasing incidence of lifestyle diseases such as diabetes and hypertension. "There is an urgent need to shift our focus from the treatment of these diseases to their prevention and general wellness," he said, adding that Ayurvedic practices and wellness solutions coupled with yoga and other forms of physical exercise could prevent and control these diseases.

Mr. Naidu described Arya Vaidya Sala founder as a visionary who brought about a renaissance in Ayurveda. "I position P.S. Varier in the category of Indian renaissance leaders who drew heavily



Vice President Venkaiah Naidu greeting Kottakkal Arya Vaidya Sala managing trustee P.K. Warriar at the 150th birth anniversary celebrations of Arya Vaidya Sala founder P.S. Varier at Kottakkal on Tuesday. *SAKEER HUSSAIN

upon both the oriental and the occidental treasure troves of wisdom."

"Though P.S. Varier was an ardent follower of Indian traditions, he was not satisfied by merely dwelling on past glories, and had set his vision on the future. His greatest achievement was the finesse with which he incorporated the principles and methods of modern knowledge into the tradi-

tional science of Ayurveda. This was done without compromising on the basic essentialities of Ayurveda," he said.

Wellness capital

Mr. Naidu said that India had the capability to become the wellness capital of the world. "India is home to centuries old traditional systems of medicine and wellness practices that not only foster

physical health but also mental and spiritual well being," he said.

Governor Arif Mohammed Khan presided. Arya Vaidya Sala managing trustee P.K. Warriar welcomed the gathering. Minister for Higher Education K.T. Jaleel; E.T. Mohammed Bashaier, MP; Sayed Abid Husain Thangal, MLA; and Arya Vaidya Sala chief physician P.M. Warriar, were present.

Cut in penalties may have to wait till bypoll

Meeting asks Transport, Law Departments to come up with revised rates

SPECIAL CORRESPONDENT
THIRUVANANTHAPURAM

The State's move to reduce penalties for traffic violations under the Motor Vehicles (Amended) Act, 2019 may have to wait with the Election Commission's model code of conduct in force for the ensuing byelections in five Assembly constituencies next month. A high-level meeting chaired by Chief Minister Pinarayi Vijayan on Saturday, hours before the Election Commission announced the dates of the bypolls in New Delhi, asked the Transport and Law Departments to come up with revised rates for penalties within two days.

The Transport Commissionerate on Monday worked out the draft list of the penalties that can be reduced and forwarded it to the Principal Secretary, Transport, for seeking clearance of the Law Secretary. In addition to the seven penalties identified for reduction earlier, more had been included on the draft list.

Official sources said all possible measures had been taken on the basis of the steps adopted by other States and the wish of the motorists. The fines for not wearing helmet and seat belt had been reduced in the draft prepared by the Transport Commissionerate. But,

the officials are worried whether issue of the notification will be held up till the byelections are over.

EC's clearance

It will need clearance of the Election Commission (EC) as the model code of conduct is in force in Thiruvananthapuram, Pathanamthitta, Alappuzha, Ernakulam and Kasaragod districts. The officials are of the view that the file for issuing the notification will reach the Chief Electoral Officer (CEO) Teeka Ram Meena.

The CEO may refer the matter to the Election Commission of India for approval as he did in the State's pro-

posal during the last Lok Sabha polls to extend the moratorium on loan-recovery proceedings against farmers till December 31.

If the Election Commission declines the approval, the State will have to wait till October end to issue the notification revising the penalties for various road violations under the amended Act. Although this will give a breather to the motorists and the State, the exchequer will be badly hit due to poor cash inflow.

Till the revised notification is issued, officials said the government would continue with the existing arrangement.

Jacobites stage 12-hour fast to protest

Thousands join Catholics in agitation

SPECIAL CORRESPONDENT
KOCI

Thousands of lay people joined Catholics Basilios Thomas I as well as priests and leaders of the Jacobite Syrian Orthodox Church here on Marine Drive on Tuesday on a 12-hour fast to protest against "denial of justice" and "violation of human rights".

The fast started with prayers at 8 a.m. Besides the Catholics, Metropolitan Trustee Joseph Mar Gregorios and senior Bishops Abraham Mar Severios and Mathews Mar Ivanios were among the 34 Bishops who joined the fast. Metropolitan Joseph Marthoma, Kuriakose Mar Theophelos, Yuhanan Mar Meleteos, Geevarghese Mar Athanasios, Zachariah Mar Polycarpus were among the others at the venue offering prayers and addressing the laity. Besides, Benny Behnan, MP; Anwar Sadat, Anoop Jacob, V. P. Sajeendran and Eldhos Kunnapilly, MLAs; as well as former minister K. Babu and T. U. Kuruvila came to the venue.

The Jacobite Church leaders said that they would resist the "aggressive attempts



Catholics Basilios Thomas I (centre), head of the Jacobite Syrian Orthodox Church in India, leading the 12-hour fast that began on Marine Drive in Kochi on Tuesday at 8 a.m. *H. VIBHU

by the Orthodox group" to take over the parish churches.

The Catholics insisted that churches under the control of the Jacobites would not be handed over.

Night traffic ban: indefinite stir begins today

A collective of youth organisations of all political parties is supporting the stir

E.M. MANOJ
KALPETTA

The National Highway 766 Transport Protection Action Committee is gearing up to launch an agitation from Wednesday raising a slew of demands including lifting of night traffic ban in the Bandipur portion of the Kozhikode-Kollegal NH 212 (new 766).

The organisation will launch an indefinite hunger strike with the support of a collective of youth organisations of all political parties at the Swathanthra Maithan at Sulthan Bathery. M.P. Veeendrakumar, MP, will inaugurate the agitation at 10 a.m. on the day. The crux of the issue revolves around the

closure of night traffic through the portion of NH that passes through Bandipur Tiger Reserve and Wayanad Wildlife sanctuary.

The length of the highway is 272 km, and 34.6 km of this passes through the protected areas in both the States. The road cuts through 19.7 km of the core zone of Bandipur and 4.5 km of its buffer zone. In Wayanad, the division is 4.8 km of the core zone and 5.8 km of the buffer zone. In all, 24.2 km of the highway passes through protected areas in Karnataka, and 10.4 km through protected areas in Kerala.

However, Suresh Thaloor, general convener, National

Highway 766 Transport Protection Action Committee, said the ban on traffic had already affected the public, especially the people in northern districts of Kerala as well as farmers, traders, and migrant workers in Gundlupet taluk in Chamarajanagar district of Karnataka.

Alternative route

Moreover, the Supreme Court had recently directed the Centre to respond to its suggestion on developing an alternative route in the case pertaining to the closure of night traffic through Bandipur, Mr. Suresh said. If the proposal was implemented, it would worsen the situation, he added. Hence the

status quo ante of the NH should be maintained, he said.

The panel would also organise a protest meet of people's representatives at Moolaholla on the Kerala-Karnataka border on Thursday as part of the agitation, he said.

The night traffic ban was introduced following a directive from the Chamarajanagar Deputy Commissioner in 2009 to provide wild animals a reprieve from vehicular movement. The ban is from 9 p.m. to 6 a.m. It was challenged in the High Court of Karnataka, but the decision was upheld. The matter is now being heard in the Supreme Court.

ANERT to extend solar cold storage project

Will cut down power cost of farmers

SPECIAL CORRESPONDENT
KOZHIKODE

The Agency for Non-Conventional Energy and Rural Technology (ANERT) is planning to extend its model solar-powered cold storage project at Nochad, near Perambra, in this district to the entire State.

ANERT Director Amit Meena said that the extension of the project to the entire State would not only cut down the increasing electricity cost in the agricultural sector, it would also help farmers preserve their produce for longer time.

He was inaugurating the model project at the Subhiksha Coconut Producers' Centre (SUPC) at Nochad.

The solar cold storage has

been set up by spending ₹13.65 lakh from the plan fund of ANERT.

The solar cold storage has been set up at the SUPC under the Perambra block panchayat for storing coconut and allied products and protecting them from decay.

The cold storage with a storage capacity five metric tonne is powered by solar energy from solar panels with 6 Kw capacity and 5 HP compressor.

Backup power capacity

The storage has a 30-hour backup power capacity, a press release informed.

ANERT is planning to extend the cold storage project beneficial to agricultural and industrial sectors.

State told to set up flood warning system

RADHAKRISHNAN KUTTOOR
PATHANAMTHITTA

Pampa Punarjanai, an eco group that stands for rejuvenation of river Pampa, its tributaries, and wetlands in the river basin, has called upon the government to set up an Advanced Flood Warning System.

In a letter to Chief Minister Pinarayi Vijayan, Pampa Punarjanai president M.N. Radhakrishnan Nair said that the government could very well seek the technical support and assistance from

the Central Water Commission and India Meteorological Department (IMD).

Mr Nair said the August, 2018 floods, that wreaked havoc in the Pampa river basin should be an eye-opener to all, especially the planners and policy makers.

Sole motto

Mr Nair said Pampa Punarjanai had been floated with the sole motto of rejuvenation and conservation of the Pampa, its tributaries and the backwaters of Kuttanad.

MARKET BUZZ
A Business Initiative

CM opens golden jubilee fete of MOSC Medical College



The golden jubilee celebrations of Kolenchery MOSC Medical College were inaugurated by Chief Minister Pinarayi Vijayan, Y.P. Sajeendran, MLA, Minister K.K. Shailaja; Basilios Marthoma Paulose III Catholicos; Dr. Thomas Mar Severios; Dr. Thomas Mar Athanasios; and Joy P. Jacob were present.

General Hospital gets a lifeline from Inner Wheel Club of Cochin



Inner Wheel Club of Cochin, in association with SFS Homes, donated four oxygenators to the palliative care department of the Government General Hospital, Ernakulam, September 19. The life-saving machines were handed over by The Inner Wheel district chairman Anitha Srinivas to Dr. Annie, head of palliative care.

Coaching to begin at Amrita Civil Service Academy on Oct. 2

Amrita Civil Service Academy, an establishment under the Amritanandamayi Math, offers quality education on a par with industry toppers. Prelims-cum-Mains (PCM) is the long-term course offered at Amrita Civil Service Academy, where coaching is more important than teaching. An expert faculty with trainers from various IAS hubs, including Delhi, is an opportunity for the aspirants to get national-level coaching in Thiruvananthapuram. Good hostel facility and a good library with AC reading room add to the inspiring ambience of the academy. Mains programme offered by Amrita is much sought-after. The interview programme aired on Amrita Television is popular among Civil Services aspirants. Coaching is also provided for various optional subjects. Classroom and online programmes are available. Next prelims-cum-mains batch starts on October 2. Seats are limited. For details and registration, call 85890 60000, or send an email to contact@amritaivs.com or visit the website www.amritaivs.com

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EMCH / CON / ADV / 25 / 2019 19-09-2019

NOTICE INVITING RETENDERS

Sealed tenders are invited by the General Manager EMS Memorial Co-operative Hospital & Research Centre, Perinthalmanna in Two Cover system for the supply and installation of Power Laundry equipment (Washer Extractor - 60 Kg, Tumble Dryer - 60 Kg & Flatwork ironer) and Steam Boiler (500 kg / hr - Firewood Boiler) from reputed firms. Last date of receipt of the sealed tenders is upto 11 AM on 4th October 2019. The details regarding the cost of tender documents, EMD, Description of equipment etc can be had from the official website of the Hospital www.emshospital.org.in/emshospital_tenders.php

Perinthalmanna *General Manager*

SOUTHERN RAILWAY						
TENDER NOTICE No. TVC-SNT-TELE-2019-20-32 dated 18.09.2019						
Senior Divisional Signal & Telecommunication Engineer, Southern Railway, Thiruvananthapuram Division, Thiruvananthapuram - 695014, for and on behalf of The President of India invites ONLINE open tenders for the following works as per tender notice given in our e-tender portal www.iimps.gov.in The Tenderer(s)/Contractor(s) intending to apply for e-tender for WORKS in Thiruvananthapuram Division, need to get enrolled in the e-tender portal www.iimps.gov.in and only online tenders will be accepted. The bidders will have to make payment towards tender document cost and earnest money against such tenders through online payment modes like net banking, Debit/Credit cards etc., available on IREPS Portal.						
Sl.No.	Tender No.		Name of the work			
1.	TVC-SNT-TELE-2019-20-32		Upgradation of Public address system at KCVL Railway Station in Thiruvananthapuram Division.			
Sl. No.	Cash value (Approx.) (Rs.Ps.)	Earnest Money Deposit (Rs.)	Cost of Tender Document (Rs.)	Last Date for receipt of Tender	Completion period	
1	5,89,006.60	11,800	2,240	10.10.2019 14.00 Hrs.	90 days	
Divisional Railway Manager/S&T/Trivandrum Division, Trivandrum-695014						

TIDEL PARK COIMBATORE LTD. (TPCL)
 CIN No. U45209TN2007PLC064060
 ELCOSEZ, Aerodrome Post, Coimbatore - 641 014.
 Ph: 0422-2513604, Fax: 0422-2513609
 Web: www.tidelpark-coimbatore.com / E-mail: tpcl@tidelpark-coimbatore.com

Tender No. TPCL/O&M/2019/03-R1

TENDER FOR SUPPLY OF WATER FROM PRIVATE SOURCE

TPCL invites sealed Tender from contractors to supply Water to IT Park (20-300 Kilo Litres per day of Potable Quality) for One year from private sources. Tender Document can be purchased by paying ₹ 1,180/- (Rupees One Thousand One Hundred and Eighty Only) by Demand Draft. The sealed Tender should reach the undersigned on or before 3.00 p.m. on 24-10-2019. TPCL reserves right to accept / reject any one / all Tenders without assigning any reason therefor.

MANAGING DIRECTOR

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Sd/- Suchitra Krishnan, Deputy Director, State Lotteries, Thiruvananthapuram.											The prize winners are advised to verify the winning numbers with the results published in the Kerala Government Gazette and surrender the winning tickets within 30 days.																												
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